



Wootton Community Primary School

17th November 2023

Dates for 2023-24
(subject to change)

Friday 24th November— Jolly Jars due back to school

Friday 1st December – Christmas Fayre

Thursday 7th November— Christmas jumper day

Tuesday 12th December— Christmas Play

Wednesday 13th December— Christmas dinner

Thursday 14th December— Christmas play

Friday 15th December— Christingle and Christmas party

Development Days

Monday 18th December

Tuesday 19th December

Thursday 28th March 2024

Friday 26th July 2024

Dear Parents,

I cannot believe it is Friday already - what a busy week it has been! The highlight for me this week has been our New Entrant Tours which took place on Tuesday and Thursday, for parents with children due to start school in September next year. I always enjoy these events as it gives me the opportunity to share our wonderful school and for the children to share their work and tell parents the things they like about Wootton and what they enjoy. During each session I ask different children to think of reasons as to why they think the new parents should send their children here, without any prompting, it is great to hear responses such as 'we have lovely teachers' and 'we like our learning'. This year our Year 6 House Captains took an active part with the tours and supported me giving their thoughts and ideas too, answering parent questions. So, thank you to the House Captains but also to all the children for such a super week!

It has been lovely to hear children singing their Christmas performance songs and devising their dance routines in PE. I am aware that some children find performing a challenge and we work hard to ensure that children who want to be at the front are, and others are positioned at the back. Dance, singing and performance are part of the National Curriculum so all children are expected to be involved in some way. We are really looking forward to sharing our show with you and the ticket booking letter will be sent home on Monday. As stated in the letter we are only able to offer three tickets per family in the first instance so please ensure you return your slip and payment as quickly as you can.

Thank you for all the offers of support so far for the Christmas Fayre on Friday 1st December, 3 to 5pm, however we still need more help for every activity to be able to run. If you can offer help to set up, in school from 1.30pm and/or help run a stall, and/or tidy, please either let the PTA know via the Facebook page or ring the school office. We need to have numbers BEFORE Wednesday 29th November to make the final plans, thank you.

The deadline for Jolly Jars is next Friday along with Christmas jumper donations.

You will find attached information about an open day at Dinosaur Isle this weekend with an entry fee of only £1.

Due to Mr Scurr's absence today we were not able to access the homework scores for our competition so we will have the top '10' next week for TTRS, Numbots, maths and spelling shed - keep up the great work!

It was another busy assembly with our Star Pupils and achievements outside of school. It was lovely to hear that several children represented Brownies and Cubs at different Remembrance events last Sunday. Well done to Daisy, Emily-Rose and Max from Year 4 for doing so. We also got to see some creative activities completed by Evie and Iommi both in Year 5. Evie attends activities with the Saturday Club and made an incredible wooden money box and Iommi has spent a week completing her own crochet handbag. Emily-Rose in Year 4 and Florence in Year 2 shared their Rainbow and Brownie badges. We congratulated a group who have achieved a level at their gymnastics club - well done to Florence, Amira, Jessica and Betty in Year 2 and Emily-Rose in Year 5. Eddie in Year 2, Travis in Year 4 and Tyler in Year 6 continue to go from strength to strength with their Muay Thai. They all took part in an inter-club competition this week, each getting a medal, Travis achieved two - well done boys and well done to all our achievers this week!

We have not had our usual Big Think this week due to work completed in classes around anti-bullying. Across the country this week school children will be revisiting their behaviour policies with their schools and writing an anti-bullying charter. I have really enjoyed working with the School Council too this week with this and they are going to meet with our Governors on Monday evening to share their findings.

You may have seen in the recent news, and you may recall me writing about this a few weeks ago too, the concern regarding the content of the RSHE (relationships, sex and health education). Some schools have not been transparent in sharing the content of this teaching with parents so have had concerns with what their children are being taught. Please be assured that the scheme we use is pitched correctly to each group and for the vast majority of the content it is covered within our Science curriculum. Leading up to the strands regarding RSHE we ensure parents are informed in advance when we will be teaching this and a letter is sent home outlining the content of the materials. Please also have a look on their school website within the policy tab where you will find our RSE policy will lists all that we cover. I hope this will alleviate any concerns you may have had but please feel free to discuss this with your class teacher.

I have received an email from the Children's Commissioner for England, Dame Rachel De Souza, asking for you to complete a survey with your child so that children's voices are heard in parliament. Please use the link if you would like to do so <http://www.childrenscommissioner.gov.uk/thebigambition>

In the meantime, I hope you have a lovely weekend



Jane Wilford
Headteacher

WHAT RECEPTION HAVE BEEN UP TO

This week in Reception class we started to read our new text called 'Owl Babies'. We explored some of the new vocabulary and learnt how the mummy owl swooped silently when she returned to her babies. The children have used the tuff tray to explore the book by themselves and used the puppets to tell the story. We also talked about owls having a 'heart' shaped face and some of us attempted to draw a heart shape. We have done lots of counting and have been learning to 'subitise'. We had open day this week and the children were amazing as potential new families visited our school. Well done to all.

WHAT YEAR 1 HAVE BEEN UP TO

Year 1 have had another busy week! We started with a bang with our Space dome experience on Monday - everyone enjoyed learning about Mars and the "spinning" journey to get there! In Maths we have been thinking about dividing by two, making equal groups with classroom objects, practical resources and drawings. We have also begun to think about which numbers can and cannot be divided by 2 and why this might be, linked to our work on odd and even numbers last week. The class also explored halving different 2-D shapes and learned how to use a ruler accurately. In English we have continued our work on Whatever Next, considering what we might need to take to space, and have also begun learning about adding the suffix -ing. History also took us to space once more where we learned about the key events in the the Space Race of the 1950s and 1960s. We finished the week by talking about different journeys in RE and whether journeys always have a positive ending, and starting to learn our Christmas song! Well done, everyone :)

WHAT YEAR 2 HAVE BEEN UP TO

This week, the children have been looking at a variety of nonfiction sources of information. The class used a mixture of websites, books, fact files and a documentary film to learn information about wolves. The children have really enjoyed learning and gathering information and can recall so much new knowledge! At the end of the week, we then used this information to create a leaflet about wolves. These leaflets will soon be coming home and we sincerely hope that you enjoy reading them as much as we've enjoyed making them! The writing in Year 2 is really taking off at the moment. The children are working much more independently and handwriting is improving on a daily basis. Thank you for all the work going on at home in this area.

In Maths, we moved onto looking at the properties of 2D and 3D shapes. The children were able to recall many shape names and identify the properties of different shapes. The class particularly enjoyed trying to guess the shape, based on the clues given.

In Geography, we started our local area study on Bembridge. We recapped the features of Bembridge we saw whilst on our school trip and discussed any other experiences the children had in Bembridge. We then learnt some new vocabulary; urban, rural, city, town and village. The class then applied this learning and wrote a description about Bembridge for a person who is thinking about visiting there.

Another busy week, with a lot of wet weather! Hopefully next week will bring us some more sunshine. Keep up the amazing work Year 2!

WHAT YEAR 3 HAVE BEEN UP TO

In Year 3 the class have been busy creating their own story map for Stone Age Boy, which has helped them to think about what they want to describe when writing setting descriptions for the story. We have also focused on how to make our sentences longer with the use of connectives.

In our Maths lessons we have continued to find out more about multiplication and division and have looked at the 3, 4 and 8 times tables. The children have used mathematical counting equipment to help them solve multiplication totals and divide equally into groups of 3, 4 and 8 when solving division problems.

From our History lessons we have found out about the homes that people lived in during the Stone Age right through to the Iron Age and the children have drawn their versions of these homes and have seen how homes and settlements have changed over these periods of time.

Our Science this term is all about rocks and soils. So far we have learnt about the 3 different types of rock: metamorphic, sedimentary and igneous. The children have looked closely at a collection of rocks and their visual properties and have sorted them carefully into the 3 different types of rock.

In Music lessons, the children have continued to learn how to hold their recorders whilst covering the holes to help them successfully play B A and G notes when joining in with songs that Mr and Mrs Grimshaw are teaching them. Keep working hard Year 3, both in school and at home too.

WHAT YEAR 4 HAVE BEEN UP

Another busy and rainy week this week in year 4! In English, we have been focussing on similes and rhyme in order to produce a Rainforest poem. In Maths we have been working on fractions and identifying tenths and hundredths when written as a decimal. In DT, we have been designing our hand puppet animals, identifying the materials we will need to help them come to life. During PSHE we had a class discussion about not always getting our own way, and the importance of compromise and negotiation. The children enjoyed sharing their stories of sibling rivalry in particular! All in all, it has been another productive week. Well done Year 4!

WHAT YEAR 5 HAVE BEEN UP TO

We have had another busy and wonderful week in year 5. In maths we have recapped time, something which the cohort have found rather tricky, and have now moved onto reading and interpreting data from timetables. In English, we have planned and begun writing out narrative stories based on Kensuke's Kingdom. In the wider curriculum, we have continued our ukulele lessons. Having learned two new chords, music is really starting to take shape. In RE we interpreted the birth story from the Bible, in computing we explored filming techniques and in science we discovered what the solar system looks like and used a compass to accurately draw the planets in orbit. However, my highlight of the week was our space workshop on Monday. It was lovely to see the children so engaged and ask so many interesting questions about space travel and the history of the space race.

WHAT YEAR 6 HAVE BEEN UP TO

This week we have really enjoyed starting our new class text: The Explorer, by Katherine Rundell. We have been working on using a range of sentence types and this involved revising subordinate clauses and fronted adverbials as well as learning some new sentence structures and applying them to a setting description. In maths we have been focusing on calculating percentages of amounts. This is a great skill to learn as we use percentage in real life to understand sales in shops! We have begun to learn about the Ancient Maya in history, looking at when and where their civilisation existed and starting to explore their religious beliefs. The children have also designed 'Ugly Doll' plushies in DT, which they will be sewing in a couple of weeks' time!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Turkey Served with Roast Potatoes and Gravy	Beef Bolognese 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Stir Fried Vegetable Rice 🍚 Served with Potato Wedges	Vegetarian Burger 🌱 Served with Potato Wedges	Vegetable Pastry Roll 🥟 Served with Mashed Potato and Gravy	Vegetarian Bolognese 🌱 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🍷 🍝					
All main meals are served with two vegetables					
DESSERT	Chocolate Brownie	Crispy Crackle Bar with Fruit 🍓	Original Flapjack	Carrot, Orange and Sultana Slice 🥕	Vanilla Ice Cream

Star Pupils

Palmer Year 1
Armah Year 2
Shien Ng Year 3
Richards Year 4
Aderin-Pocock Year 5
Islam Year 6

Polly
Nicholas
Lucy
Violet
Isabelle
Spencer

Star Pupil parents may join Friday's Celebration Assembly to see their child presented with their Star Pupil certificates at 9am.

Please sign in at the office before making your way around to the hall.



Please ensure you email an absence note within 2 weeks of your child being absent, otherwise it will be marked down as unauthorised.

	Attendance This Week (%)	Rolling Attendance since Sept (%)
Palmer	98.5	95.6
Armah	95.0	95.1
Hussain-Gambles	98.9	98.4
Shien Ng	94.3	97.0
Richards	99.7	98.2
Aderin-Pocock	93.8	96.1
Islam	94.5	96.3
Whole School	96.3	96.7

The class with the best attendance this week is:
Richards

	Lates This Week	Lates since September
Palmer	3	6
Armah	1	9
Hussain-Gamble	2	5
Shien Ng	3	12
Richards	4	6
Aderin-Pocock	2	0
Islam	1	7
Whole School	16	44
Total Minutes	329	542

Our school target is 96.5%.

We are currently Below target and aim for our children to be in school 100% of the time!



Brighten your bag!

Road safety competition



Design a bright and reflective school bag that would help you to be seen by others when walking, scooting or cycling to school.

Will your design be the brightest?

There are two categories:

Key Stage 1 - Design a bag on paper by colouring in the template provided by your JTAs

Key Stage 2 - Bring an old bag into school to decorate with reflective and bright materials.

**TOP PRIZE!
SCOOTER!**

Our school will be taking part on

For more information ask a Junior Travel Ambassador or

If you are visible, others can see you.

Be creative stay safe have fun!



Isle of Wight
Council

SPORTS NEWS

A message from Mr Billington

Unfortunately this may become a running theme, and the weather has caused havoc with sports fixtures. We're hopeful that a spell of dry weather will help the pitches recover and allow some games to go ahead.

Terrific Teamwork-

This week's Sports Stars:

Year 1: Zachary P Year 4: Tallulah C

Year 2: Florence S Year 5: Iommi S

Year 3: Alfie C Year 6: Evie-May N

This week's children have all been selected for displaying similar skills or applying that little extra effort. They all clearly believed in their own abilities and this allowed them to succeed

in their PE lessons.

We have focussed on choreographing our Christmas performance dance routines. For Key Stage 1 this means children will put short moves together to some of the easier lyrics of their song. Zachary and Florence were great at suggesting moves that matched really well to

the words. They were able to demonstrate them to the class and explained why they were a

good suggestion. KS2 take a much bigger role in their routine choreography. Year 5 and 6 are tasked with creating all of their dance, while Years 3 and 4 will do the majority and only the stage positions and larger whole class movements are aided by the teachers.

Alfie, Tallulah, Iommi and Evie were fantastic at modelling dance moves and suggesting parts for their class routines. Well done everyone.

Upcoming Competitive Fixtures-

Friday 24 th November – UII Boys vs Godshill (Away) – Pitch dependent!



134 High Street
Ryde
PO33 2RJ

Coffee mornings

**Saturday 16th
December
10am-12.30pm**

Tea, coffee and cakes, raffle with some great prizes, i.e xmas hampers, next, liz earl, IOW pearl, Ryde Golf course, Artisans and many more

Click on links for more information

Money raised for Men Only,
Community Flood Effect and
Children's Ward garden appeal

Makaton Training

For Parents
and Carers



Hello



SPEECH AND LANGUAGE

Session 1 with
creche facilities:
09:30 - 11:00

Session 2: Parent and
carers **only**
11:30 - 13:00

Location: Paediatric Therapies
St Mary's Hospital, Newport

Date: 25th November 2023



Happy



good



morning

To book your session please call: 01983 534502

ARE YOU READY?



**RYDE SAINTS
U8's (Year 3)
Football Training**



SATURDAY'S

11.00AM - 12.00PM

JOIN US TODAY!

Salter's Park, Salters Road
Ryde, PO33 3HU

Lee 07742344629 or Martin 07730609999



Bee Netball



**BEE NETBALL BUZZERS
AGE 5-7 & FLIERS AGE 7-9
IOW RYDE ACADEMY**

**TUESDAYS
5.30pm-6.30pm**



Contact:
Chris on 07969
504734 or
cmg1504@gmail.
com

Contact: carey.mccormick@englandnetball.co.uk

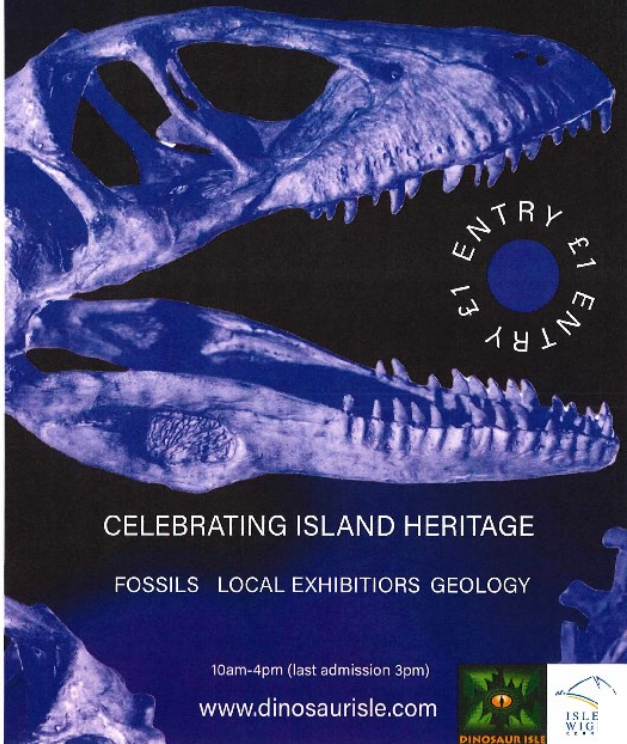


**ENGLAND
NETBALL
SOUTH**

Dinosaur Isle Museum

BLAST FROM THE PAST

Saturday 18th & Sunday 19th November



BLAST FROM THE PAST AT DINOSAUR ISLE MUSEUM 18TH & 19TH NOVEMBER 2023

FOR THE FIRST TIME SINCE LOCKDOWN BLAST FROM THE PAST IS BACK!

At Dinosaur Isle we feel that it's vital for local children and their families to get exposure to the Island's heritage and be able to experience some of the science behind dinosaurs while still having fun.

On Saturday 18th & Sunday the 19th November we are offering **entry for just £1** to anyone who wants to come along. The day will be focussed on children and families with an emphasis on creativity and interactivity. Doors will be open at 10:00am with last entry at 3:30pm.

There will be lots of fun things to do including:

- Identifying different sorts of fossils = hands on experience of real dinosaur bones.
- Dinosaur Roar! competition
- Foxwell's Forensics.
- Broding Roman Villa.
- Activities with IOW Archaeological Society, IOW Heritage and more...
- Refreshments will be available

We need to get the message out to as many children as possible. We appreciate how busy you are and the many pressures on your time but would be extremely grateful if you would consider letting children and parents know about this event or putting up some posters. We enclose an information pack and flyers. If you would like more or have any questions please contact Sue Wilkins (Dinosaur Isle) 01983 404344, sue.wilkins@iow.gov.uk Thank you for your support

Kind regards

Sue Wilkins



A message from Mrs. Grimes

Thank you to the parents who expressed an interest in meeting a representative from SENDIASS. Unfortunately they have filled all the slots available to visit schools, but I have expressed an interest for this in the Summer Term, when they may be running some more. In the meantime if you would like further information about their service please visit <http://iowsendiass.co.uk> where you will find a wealth of information and a 'contact us' section if you would like some specific support. Alternatively you can call 01983 825548.

A chance to open up and have honest discussions about behaviour concerns being experienced at home with people who understand.

A warm, non-judgemental and supportive approach to talking about real issues whilst having access to a team of professionals for informal conversations.

Free resources - 1:1 discussions - sensory information sessions - forest school exploration - free parking - refreshments - a listening ear

Thursdays 10am - 11am
Term Time Only

No booking required - just turn up!

Chatter Matters

HOSTED BY THE ISLE OF
WIGHT WELLBEING TEAM.

GALAXY CENTRE

ROOKLEY & CHILLERTON PRIMARY
SCHOOL, CHILLERTON, NEWPORT,
PO30 3EP



Top Tips for Mental Health and Wellbeing

Take part in a practical and interactive course to understand what influences your own mental health and wellbeing.

Discover how to use your new skills to support people in the community.

This course is free to attend and taught either online or face to face.

For more information and booking visit the [Isle of Wight Council website](https://www.isleofwight.gov.uk) or contact learning.development@iow.gov.uk



SHORT BREAKS FUN

ACTIVITIES FOR CHILDREN AND YOUNG PEOPLE WITH DISABILITIES AND/ OR ADDITIONAL NEEDS

WINTER 2023 PROGRAMME OUT NOW!

DOWNLOAD A
FREE
PROGRAMME!

*There is a small charge for most activities

Workshops for parents and carers who support children with Rare Conditions - please use the following link to find out more and to sign up.

<https://www.eventbrite.com/cc/rare-conditions-workshops-2296719?fbclid=IwAR3fVDbBJ8K4t6VwGloqGFOMIaPX895gygZmmCBRzN57rYkMUPIRhOeHNIM>



**Autism
Central**

Peer Education Programme

FREE AUTISM TRAINING FOR PARENTS

FREE online Autism Central peer educator sessions this month. These sessions offer guidance to families, carers and personal assistants of autistic people and are run by peer educators. These are parents or carers of autistic people, who are happy to share their knowledge and experience with you. These sessions are open to those living in Sussex, Kent, Surrey, Hampshire/IOW, Berkshire, Buckinghamshire and Oxfordshire

To access please follow this link:

<https://www.aspens.org.uk/news/join-our-free-online-sessions-for-parents-and-carers>

Coffee and cakes are back!

St Mark's coffee mornings will resume for the winter months so that you can keep warm and enjoy refreshments while chatting to friends. As well as the choice of tasty cakes, tea, coffee and hot chocolate will be available.

The sessions will be for an extended time 9 – 11.30am on:

Tuesday 21 November

Tuesday 19 December

Tuesday 23 January

Tuesday 20 February.

Feel free to drop in at any time. We would be especially pleased to welcome parents and carers with young children after the school drop off.

Donations are welcome but not expected.

Stay&Play @ St Mark's Church

Looking for somewhere to take your young child on a chilly

Thursday morning? St Mark's is extending its former Little Lions club to all children (with their carers) for babies and up to eight years old. The sessions will run from 9.15 – 11.30 and include some themed activities. The first session on Thursday 9 November will be an autumn theme.

Bring your child/ren and enjoy a range of art, craft and play activities along with stories and songs. Refreshments will be available for children and adults. Leaders are all DBS checked and have experience working with children and families.

Cost £2 per family.

For more details email welcome.stmarks@gmail.com

Island children need local homes



IW Fostering



www.iwight.com/fostering or call 01983 823160



IW Fostering



Island children need local homes

Fit to Foster?

Many people think that they are either too young or too old to foster.

The truth is that you must be at least 21 years of age. There is no upper age limit, as long as you are physically fit and healthy.



If you don't think you are suitable to foster, think again! Foster carers come from a variety of different backgrounds. There are children in care who may need you. Explore fostering with the IW Council.

Apply online at iwight.com/fostering
01983 823160

SCAN
ME!





The School Aged Immunisation Service has been in school for nasal flu vaccinations. If your child missed this and you would like them to receive it **the Team will be returning on**

Tuesday 16th January 2024

Please use the previously sent link or QR code to access the consent form.

There are also community clinics available through until January.

Clinics available are:

Sat 14 th Oct	09:30 – 12:30	West Wight Family Centre, Freshwater
Thurs 26 th Oct	15:00 – 17:00	East Newport Family Centre
Sat 11 th Nov	09:30 – 12:30	Sandown Family Centre
Wed 22 nd Nov	15:00 – 17:00	Cowes Family Centre
Sat 9 th Dec	TBC	Ryde area TBC
Thurs 11 th Jan	15:00 – 17:00	West Wight Family Centre, Freshwater
Sat 27 th Jan	09:30 – 12:30	Enterprise House, Newport

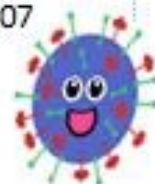
If you do not wish your child to be vaccinated and do not want to receive any further reminders, please use the link or QR code for the no consent form so that your child's record can be updated.

Please contact the school Aged Immunisation Service if you need any help or advice.

Email: snhs.schoolagedimmunisations-iow@nhs.net or Tel: 0300 123 507



Prevent the
spread
of flu this
winter



Protect your
family

Wootton Primary
Invites You to Our

CHRISTMAS FAYRE

Friday, December 1st, 3-5pm

Come and join us for some festive
fun with lots of awesome
activities, super stalls and a
fabulous raffle!





Community Lantern Making in Ryde

Come and make a railway themed lantern to take part in the Merry and Bright Lantern parade on 8th December. You will create your lantern structure from willow and cover it with tissue before decorating.



Saturday 25th November

Ryde Methodist Church Hall
14 Garfield Rd, Ryde
PO33 2PT

11am-2pm

Suitable for all ages – children must be accompanied by an adult.

£7 per lantern

Booking is essential

Please email

abigailnewcarnival.co.uk

or call 01983 716095 to

book your space



Supported by public funding by
**ARTS COUNCIL
ENGLAND**

New Carnival Presents

RYDE

Merry and Bright

Join us...

**Friday Night-
Lantern Parade**

Celebrate in Town

**Fri 8th Dec
5-8pm &
Sat 9th Dec
12-8pm**

**Craft
Market**

**Illuminations
Entertainment
Shopping
Activities
Music**

**Polar Express -
Full steam ahead...**

www.vecteezy.com

RYDE TOWN COUNCIL

RBA

SOUTH WEST TRAINS

WIGHTLINK PART OF ISLAND LIFE

HORNPIPE THE GUILDHALL TRUST

new carnival

Supported by public funding by
**ARTS COUNCIL
ENGLAND**



Christmas at
Tapnell
Santa's Missing Nail

1st - 24th December
(on selected dates)

Get ready for another immersive experience – a new story and new adventures filled with wonderment for the whole family!

Buy Tickets Now

TAPNELL FARM PARK www.tapnellfarm.com/christmas

ON SALE NOW!

Winter Season Passes

JUST £30 PER PERSON!
Under 2's FREE

ALL WEATHER FUN!
Indoor and Outdoor Play

Valid from 9th November 2023 - 22nd March 2024
Unlimited FREE ENTRY - See winter opening times on website

Transferable adult season pass when accompanying a child season pass holder

The Wayforward Programme Presents

The Journey to the Lamp

Medina Theatre, Newport

Wednesday 6th December 2023

at 6:45pm

www.wayforwardprogramme.org.uk

OSEL
outstanding support,
education & learning

WIGHT CRYSTAL
Spring Water

25 Daish Way, Newport, Isle of Wight, PO30 5XJ Registered Charity Number: 1007947

CHRISTMAS FAYRE

Please come along to our Christmas fayre on the

2nd December 2023

12.00 - 3.00pm

ST HELENS COMMUNITY CENTRE

ISLE OF GONKS & ISLE OF WOOD

ROLL THE DICE	NAME THE REINDEER
WHATS IN THE BOX	GUESS THE WEIGHT OF THE CAKE
WHERE'S THE PRIZE	CHILDREN'S TOY TABLE
RAFFLE	MATCH THE CARD
MYSTERY BAGS	JEWELLERY & BAG SALE
LADIES TOMBOLA	TEA, COFFEE & CAKE

As part of the village of Angels fun day
Everyone Welcome



Please support the Isle of Wight Spina Bifida & Hydrocephalus Society

THEATRE
TRAIN
DANCE
ACROBATIC
SING

Aladdin

THE PANTOMIME



Discover...
..A Whole New World..
...This Christmas.

SHANKLIN THEATRE

9th December 2pm & 7pm ☆ 10th December 1pm & 5pm

BOOK NOW



01983-868000



www.theatretrein.co.uk/Aladdin-the-pantomime-tickets-on-sale-now/

CARE IN THE GARDEN

Christmas 2023



*Visit The Plant Market for all your
Christmas plants and gift ideas.*

Come along and meet "The Real" Santa.

On

**2nd, 3rd, 9th, 10th,
16th & 17th**

December

10.30am to 2pm.

**Children and well-
behaved dogs
welcome.**



November 2023
Issue 12

MHST Newsletter

iwont.mhst@nhs.net ~ 0300 365 4010

Unfortunately, the MHST is not currently working in your school. Whilst this may be the case, we have put this newsletter together to keep you up-to-date with what we are doing and our future plans.

Who we are:

- Mental Health Support Teams (MHST) are based in schools all over England and its staff are trained to deliver a range of short-term interventions that improve mental health and wellbeing. These interventions are collectively called Cognitive Behavioural Therapies or CBT.
- CBT is an evidence-based treatment, effective in helping improve the wellbeing of people who are experiencing common mental health difficulties including low mood, worries and anxiety.
- Locally, the IW MHST is a collaboration between the IW Youth Trust, Barnardo's and the IW NHS Trust. The team is made up of Education Mental Health Practitioners (EMHPs), mental health practitioners and admin.



156 individual young people have been seen for an intervention since April 2023

Average waiting times are 2.6 weeks for an assessment and 7.2 weeks for treatment

We ran 5 successful transition groups during the summer with a 67% improved outcome rate

The most common reason for a referral into MHST is currently anxiety



mental
health
support
TEAM

The Mental Health Support Team is a collaboration between the Isle of Wight NHS Trust, Barnardo's and the Isle of Wight Youth Trust

For more information regarding MHST, please email Clinical Team Lead,
Charlotte Young: Charlotte.young22@nhs.net

Barnardo's:

Barnardo's offers a range of parenting programmes to help support the families on the island. In addition, they have several family centres and 3 family hubs which help support families and prevent their difficulties worsening. The centres are available to support a family with a young person aged between 0-19 through online courses and workshops.

 **Believe in children**
Barnardo's



S I G N P O S T I N G

IW Youth Trust:

They provide 'youth-led wellbeing and therapeutic support to young people, empowering them to face life's challenges'. Their services include; group work, such as a Tics Group, parent workshops (e.g. supporting your young person with anxiety), as well as 1 to 1 counselling.

 youth trust



KissyPuppy:

KissyPuppy alongside Earl Mountbatten Hospice has created a bereavement service for those who are experiencing 'loss through death'. Young people and families can be referred to this service for further support.

 KissyPuppy
The Specialist Fund

Contacts for other services:

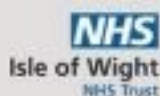
Barnardo's - 01983 529208 / iowfamilycentres@barnardos.org.uk

IW Youth Trust - 01983 529569 / info@iowyouthtrust.co.uk /
<https://www.iowyouthtrust.co.uk/>

KissyPuppy - 01983 217346 / <https://www.mountbatten.org.uk/children-and-families-bereavement>

 youth trust

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