



Wootton Community Primary School

19th January 2024

Dates for 2023-24
(subject to change)

Mon 12th - Fri 16th
Feb — half-term

Thurs 22nd Feb @
2pm — SENDIAS meet-
ing (more details to fol-
low)

Thurs 7th March—
World Book Day (more
details to follow)

Mon 25th & Weds
27th March — Parents
Evenings (more details
to follow)

Weds 27th March -
Celebration Assembly

Thurs 28th March -
Development Day

Fri 29th March - Fri
12th- April Easter Break

Development Days
Thursday 28th March
2024
Friday 26th July 2024

Dear Parents,

Thank you to the parents and grandparents who were able to visit year 1 this week to share their old toys with them as part of their history learning. It was great to see the children's engagement and enthusiasm for this living history.

We are so proud to share that Piper (Y5) has been shortlisted in the IOW 500 words story writing competition! Year 5 worked very hard on their entries and we are all very excited to see which place Piper is awarded at the presentation ceremony. The judging panel involves descendants of Charles Dickens, a publisher and 2 authors, who had the tricky job of reading over 100 entries and whittling them down to just 13 - of which Piper is one! We wish her the best of luck and hope to publish her story for you to read in the newsletter following the presentation.

We also want to wish Lexi in Year 6 luck in her upcoming trampoline competition - we know you will be amazing!

In our celebration assembly today we heard from lots of swimmers! Well done and keep up the good work to: Toby in Year 1, Lexie in Year 2, Emire in Year 3 and Tyler in Year 6. A big well done for also all the efforts made with homework this week. Our top 5 children, each gaining 5 House Points are:

Top 5	Maths Shed	Spelling Shed	TTRS	Numbots
1 st	Koby (Y6)	Koby (Y6)	Oscar R (Y6)	Harry (Y4)
2 nd	Rocco (Y5)	Rocco (Y5)	Lorenzo (Y4)	Sharon (Y1)
3 rd	Patryk (Y2)	Daisy (Y4)	Dylan (Y4)	Phoenix E (Y1)
4 th	Daisy (Y4)	Evan (Y5)	Harry (Y4)	Ava (Y1)
5 th	Cassie (Y3)	Oliver (Y5)	Caleb (Y4)	Dotty (Y1)
Top Class for the week	Year 6	Year 5	Year 4	Year 1

With the continued cold weather and threat of snow, another reminder to please ensure your child has a warm coat in school which is labelled and if they have a hat, gloves, a scarf etc. that these items are all labelled too. If children in Key Stage 2 want to wear leggings or tracksuit bottoms over their shorts for their PE days they can do so but please ensure these are BLACK, thank you.

Miss Paterson is amazed with the enthusiasm for reading gripping the school and might need to get some extra prizes to keep up with the demand! Many children are nearing their bronze award for reading over 100 times at home - we look forward to presenting their certificates in assembly next week. Keep up the amazing work; reading regularly makes such a difference to your child's progress across the board.

Our BIG Think question this week is, 'Is it wrong to do something if no-one will notice or see you do it?'

In the meantime, I hope you have a lovely weekend - keep warm!

Jane Wilford
Headteacher

WHAT RECEPTION HAVE BEEN UP TO

This week in Reception class we have really enjoyed exploring the ice outside and we were delighted to find large, thick pieces of ice in our pond, water tray and bird bath. We looked at patterns within the ice and pretended to ice skate on our decking! We were disappointed though not to get any snow! In English this week we have been trying to write some of the planet names. We listened carefully for the initial and final sound and used the sound mat if we needed it. Some of us attempted to write some sentences and tried hard to remember the structure of a sentence: starting with a capital letter and ending with a full stop. In maths we have returned to our number bonds and have been looking closely at numbers 3, 4 and 5. We are now beginning to recall these from memory which is fantastic!

WHAT YEAR 1 HAVE BEEN UP TO

Year 1 were lucky enough to welcome some of their parents and grandparents this week to share their old toys as part of our history topic. They loved looking at the different toys brought in and hearing the stories and memories attached to them - thank you so much if you were able to give up some time to come in. The class also began to explore which materials older toys tended to be made from, linking in with our work in science on different materials. In this session we investigated the properties of different materials and learned some new scientific vocabulary to help us describe them. In English we have been writing a special story for our Reception class all about what our school toys get up to at night when we all go home! We have been working on using capital letters for the start of every sentence - which is getting tricky as we write more and more! We also had an exciting time in DT this week, making mock-ups of the winding devices we want to include in our toys at the end of term. Despite it being quite fiddly, everyone persevered and I saw some amazing problem solving skills at work :)

WHAT YEAR 2 HAVE BEEN UP TO

In Maths this week, we have started to look at time. The children did a great job recalling their previous learning on o'clock and half past. We then looked at quarter past and quarter to. We thought back to our fraction work and could see why we have quarter past and quarter to. The children did a really good job of reading time on analogue clocks and then all moved forwards and began to draw hands on clocks to show the time. We will continue to look at this next week, so any time reading practice over the weekend would be a big help!

In English, we continued to look at our book 'Journey'. As a class we used a thesaurus to upgrade some of our adjectives from last week. We then used these exciting new adjectives to describe the big city and to write a character description of our new character.

The children really enjoyed learning more about the Titanic on Monday. We looked at the events leading up to the Titanic sinking and thought about how things could have ended differently if people had been aware and educated about safety and icebergs. So many children have been researching more information at home too, so a big well done!

Keep up the brilliant work Year 2!

WHAT YEAR 3 HAVE BEEN UP TO

Year 3 have been busy writing information paragraphs about an animal that interests them to add to their whole class book that they will eventually share with year 1. They have learnt so much more about the animals they have chosen to research and have enjoyed sharing their information with the rest of the class.

In Maths, they have continued to look at measure and perimeter. The class has continued to work hard and use their knowledge of measurements to help them solve maths problems related to calculating perimeter.

In Science, the children suggested ideas about how they could set up an investigation to find out which soil would let the most water pass through it. The children thought very carefully about what variables should be kept the same and what should be different. They decided that the amount of water poured onto each soil should be kept the same but the soils we tested should be different.

In PSHE the children looked at the differences between fact and opinion and discussed their thoughts about what had actually happened to cause the broken window that Mr and Mrs Crew reported to the Police.

WHAT YEAR 4 HAVE BEEN UP

Time to find out what Year 4 have been up to this week! In English, we have been learning so much about dragons in preparation for creating our non-chronological reports all about these mythical creatures. In maths, it has been all about 2D shapes this week, identifying and comparing the properties of different polygons. Art has had Year 4 experimenting with different shading techniques this week, teaching us what our pencils can do. In computing we have been continuing our spreadsheets unit, adding up totals and making connections between maths and real life applications. Finally, Year 4 have been enjoying our current unit in Music which entails a lot of rapping. It has been a joy to watch the children perform the song 'Stop Bullying' which has been stuck in our heads all week! Great work Year 4!

WHAT YEAR 5 HAVE BEEN UP TO

There are so many things I could talk about this week - so I thought I'd give a snapshot of what we learned in a few subjects. In English, we have used our knowledge of persuasion to create wonderful leaflets. These are aimed at prospective parents to convince them that Wootton is the place to be! In maths, we explored angles. Learning how to name, measure (with and without a protractor), find missing angles around a point; as well as in a quadrilateral. In computing, we learned how to zoom, resize and align vector graphics. In science, we explored fiction by conducting an experiment to see which material makes the best surface for a race track. This was my highlight of the week, as I enjoyed listening to each group's conversations – based around scientific vocabulary.

WHAT YEAR 6 HAVE BEEN UP TO

In English lessons this week, we have been learning about the use of semicolons in lists. The children researched and wrote information texts about a chosen animal and tried to include a list using semicolons. In maths, we learned about BODMAS - which is the rule for what order you work out operations in a multi-operation calculation. It can be confusing to start at the 'end' of a question first, but Year Six soon got the hang of it and tackled SATs questions and reasoning tasks relating to BODMAS. These questions rely a lot on your mental maths skills, so those with stronger times table recall definitely found this easier! In science we learned more about the function of the heart and how it pumps blood around the body and in geography the children finished planning their Copacabana journeys. The geographical skills involved included understanding time zones and learning about human geography such as airports, but there was an element of local knowledge too as the children worked out which ferry would take them to which 'mainland' city.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Pork Sausages Served with Mash and Potato and Gravy	Roast Pork Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma 🍗 Served with Wholegrain Rice	Breaded Fish Fingers Served with Chips
JACKET POTATO	Chilli No Carne with Crispy Tortilla 🌶️ Served with Wholegrain Rice	Cauliflower Macaroni Cheese 🍷 Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast 🍠 Served with Roast Potatoes and Gravy	Vegetarian Cottage Pie 🍷 Served with Chips	Crispy Quorn Nuggets 🍷 Served with Chips
JACKET POTATO	Jacket Potatoes 🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷 with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🍷				
	All main meals are served with two vegetables				
DESSERT	Magic Apple and Cinnamon Bake 🍷	Strawberry Jelly	Orange Shortbread with Fruit Slice 🍷	Banana and Carrot Cake 🍷	Chocolate Ice Cream with Shortbread Biscuit

Star Pupils

Armah Year 1
Hussein—Gambles Year 2
Shien Ng Year 3
Richards Year 4
Aderin-Pocock Year 5
Islam Year 6

Mabel
Lexie
Jenson
Dylan
Millie
Molly

Star Pupil parents may join Friday's Celebration Assembly to see their child presented with their Star Pupil certificates at 9am.

Please sign in at the office before making your way around to the hall.



Please ensure you email an absence note within 2 weeks of your child being absent, otherwise it will be marked down as unauthorised.

	Attendance This Week (%)	Rolling Attendance since Sept (%)
Palmer	83.9	95
Armah	94.3	95.9
Hussain-Gambles	90.7	96.8
Shien Ng	92.7	95.9
Richards	88.4	97.1
Aderin-Pocock	97.4	96.8
Islam	91	94.8
Whole School	91.3	96.1

The class with the best attendance this week is:

	Lates This Week	Lates since September
Palmer	0	15
Armah	4	23
Hussain-Gamble	1	5
Shien Ng	5	31
Richards	4	22
Aderin-Pocock	1	7
Islam	2	26
Whole School	17	128
Total Minutes	212	1,974

Our school target is 96.5%.

We are currently BELOW target and aim for our children to be in school 100% of the time!

Sports News

From Mr Billington

Sports News

SHIN-PAD APPEAL!

We have run very low on school shin-pads and could do with any donations possible. Any sizes from Year 3-6 would be greatly appreciated. Thank you!

Passion is our strength!

Our focus this half-term is how passion for sport and PE helps us succeed. For the younger children this normally involves encouraging resilience when losing or disappointment occurs. Focussing their efforts into enjoying the game rather than it all being about winning. Setting a personal goal rather than a win at all cost mentality and modelling what that looks like. With our older children it starts to evolve into selecting the best target and best suited sport. Succeeding where possible and understanding what is achievable. We also look at what it takes to become an elite athlete and why their passion has helped them to be successful.

Cory T stood out in Year 1's PE this week. He attempted every activity with effort and enthusiasm. He obviously enjoyed the activities and was very knowledgeable on correct throwing technique. In Year 2 this week we looked at the fundamental movement skills needed for Tennis. Isabelle S did really well at moving sideways at speed and with control. She really enjoyed the challenge and it showed when she kept trying even when the drill was made tougher.

We continued our Gymnastics this week in both Year 4 and 5. Children learnt how to adapt a routine to make it accessible to them. Both Kylan H and Max G clearly love Gymnastics and the challenges the sport presents. Their passion for the activities often leads to them asking for more and increasingly tricky moves. In Year 6 Miss Fish has been singing the praises of Freddie T. His vertical leap score stood out in their Sportshall Athletics trials resulting in him getting a position on our Year 6 athletics team. Well done Freddie keep up that effort and apply it to the competition.

U11 Boys vs Arreton – Rural League:

The team had to adapt last week when playing at Arreton on Friday; their pitch is perfect for age U9 football but compacts the action and makes breaking out of pressure very tough for the U11's. This led to a shaky start and conceding early. In fact by half time we had conceded three and only scored once! Often my feedback at half time is to be a bit braver and not to allow the other team to play their football, hassle the opposition and make their own impact on the game. Clearly this team listen and the second half was much improved. They scored 2 good goals and had half a dozen other chances. Unfortunately a 'worldie' of a free kick meant that Arreton won the game 4-3, but it's not a true reflection of the game and really the boys should feel hard done by. A draw, or victory, was a fairer result. Hard luck guys, you go again against Priory at the end of this half term in the last game of the group stage.

Well played to Jacob S, Theodore S, Max G, Cooper H and Jack B in Year 5; and Elliot W, Koby H, Rocco S and Oscar B in Year 6.



Sports News

From Mr Billington

Upcoming Competitive Fixtures-

Friday 19 th January – U9 Girls vs Arreton (Away)
 Tuesday 23 rd January – U9 Boys vs St Blasius (Home)
 Wednesday 24 th January – U9 Girls vs Newchurch (Home)
 Friday 26 th January – U11 Sports hall Athletics @ Cowes High School
 Thursday 1 st February – U11 Girls vs Holy Cross (Home)
 Thursday 8 th February – U11 Girls vs Priory (Away)
 Friday 9 th February – U11 Boys vs Priory (Away)



If you wish to try orienteering or would like to find out more about the sport, then please encourage your family and friends to join our **Spring Events for 2024** – Registration opens at 10am. Starts from 10.30-12.00

Sunday 4th February at Golden Hill Fort, Yarmouth

Sunday 24th March at Ventnor Downs

Cost for adult non- members £5, family groups £6.00 and juniors just £1.00

Courses for all abilities with advice and training offered if required to new members. See website for parking details: www.wighto.org.uk

Permanent Orienteering courses are available in Firestone Copse, Brighstone Forest and Parkhurst Forest for practise at any time. Free maps and score cards are available from Brian Bailey; TEL: 07773 852548

We also have a Facebook page: Wight Orienteers

Bee Netball
 BEE NETBALL BUZZERS
 AGE 5-7 & FLIERS AGE 7-9
 IOW RYDE ACADEMY
 TUESDAYS
 5.30pm-6.30pm

Contact: carey.mccormick@englandnetball.co.uk

Contact: Chris on 07969 504734 or cmg1504@gmail.com

2024 JUNIOR TRAINING!

U13'S & U15'S

6th Jan 2024

Steephill

10 - 12

ARE YOU READY?

RYDE SAINTS U8's (Year 3) Football Training

SATURDAY'S
 11.00AM -12.00PM
JOIN US TODAY!

Salter's Park, Salters Road
 Ryde, PO33 3HU
 Lee 07742344629 or Martin 07730609999

A message from Mrs Grimes

Free behaviour support resources for schools and families

Have you heard of [My Family Coach](#)? It's an incredible free platform for schools and families for help and support with all areas of behaviour, school and family life.

The platform includes **over 50 hours of free support content** from the experienced team here at Team Teach. There's **articles, podcasts, videos, ebooks and quarterly online parent classes** that you and the families you support can attend and watch on-demand as well.

The resources and support cover a huge variety of topics and we're always adding more:

- Relationships
- Communication
- Mental wellbeing
- Friendships
- Bullying
- Calming down
- School life
- Healthy living
- At risk behaviour
- Screen time



And for this time of year, families might find articles on [understanding behaviour](#), [managing changes to routines](#), [how to enjoy a family Christmas](#), [using family support for childcare in the holidays](#), [supporting your child through the holidays](#) or [why self care isn't selfish](#) helpful.

It's all available 24/7 and completely free!

To access the platform as a parent or a school, simply visit the [My Family Coach website](#) and create an account. <https://www.myfamilycoach.com/>

Sensory Space cic

Parent carer well being activities

Come and meet other fellow parents caring for a child with a disability/special need. Enjoy a craft activity and a laugh.

Come and have a cuppa and a chat, offload some of your worries in a friendly, safe, non judgmental place.

Beechgrove House
Corbett Road
Haylands
Po33 3LE

Dates

Weds 7th Feb 9.30-11.30am
Weds 13th March 9.30-11.30am
Weds 17th April 9.30-11.30am
Weds 22nd May 9.30-11.30am
Weds 19th June 9.30-11.30am
Weds 10th July 9.30-11.30am

Booking essential as spaces are limited
<https://bookwhen.com/sensoryspace/cic>

Contact Sensory Space 07773570505
clareanne21@btinternet.com

Sponsored by Sovereign Network Group
"World Mental Health Day Grant"

Sensory Space cic Cost of living support

We are working with connect4communities again to help support people with the current cost of living crisis.

We are helping to support parent carers, that's parents/carers caring for a child (under the age of 18) that have a disability/special need.

"Every parent carer (a parent caring for a child 18 and under who has an additional need) can claim a hygiene care pack (a pack of household essentials)and food pack (long life food packets/tins)just need to show proof of DLA/pip. (one pack per household) "

This is a NEW round of funding so if you have claimed a care pack from us in the past you can claim this pack also.

Packs to be collected from
Sensory Space cic, Beechgrove House,
Upton rd, Ryde po33 3le.
(opening times Tues/Thursday 9.30-3pm,
Sunday 10-12noon.)

If you are caring for someone 18 and older then please contact carers uk IW 01983 533173 as they have their own support available.

UPDATE - SENDIASS visit

I am pleased to let you know that we have now managed to arrange for a representative from SENDIASS to come into school to deliver a presentation about their service to parents on Thursday 22nd February at 2pm, to finish by 3pm. Please could you email senco@woottonrpi.iow.sch.uk if you would like to attend so we know which room to make available.

What can I do whilst I am waiting for my child's assessment for Autism?

Whilst you are waiting for your child's assessment, you may find some of the following organisations useful as sources of information, support or training (your child does not need to have a diagnosis for you to access these services):

- AIM IOW <https://aimisleofwight.co.uk/>

AIM is an autistic-led charity, organised, run and supported by autistic adults. They hold groups and activities for autistic adults and young people and run a sensory library where parents can borrow resources to try at home e.g. weighted blanket before potentially buying one.

- Autism Hampshire <https://www.autismhampshire.org.uk/how-we-can-help/>

Free Online Course - Autism: Developing Understanding and Implementing Practical Approaches <https://www.autismhampshire.org.uk/free-e-learning-autism-training>

- National Autistic Society: <https://www.autism.org.uk/>

NAS provide free expert advice for families and young people living with autism. They have a dedicated hotline offering support, their lines are open Monday to Friday between 10am and 4pm, 0808 800 4104. You can also find more information on their website.

Programmes include:

- Beyond Autism <https://www.beyondautism.org.uk/about-us/>

Free, Online Course Introduction to autism – a course for parents, families and carers

<https://www.beyondautism.org.uk/courses/an-introduction-to-autism-a-course-for-parents-families-and-carers/>

Lunch and learn schedule with Beyond Autism: direct link to booking sessions on many different topics re Autism in 2023 and 2024 or to watch a recording of the topic

<https://www.beyondautism.org.uk/professionals/events/online-lunch-and-learns/lunch-and-learn-schedule/>

Online lunch and learns - BeyondAutism – training coming up

Emotional Regulation and Autism (Jan 2024)

Exploring Pathological Demand Avoidance (PDA) and helpful approaches (Feb 2024)

Overcoming challenges associated with toileting (March 2024)

Building sibling interaction (May 24)

Autism and Mental Health: strategies and sources of support (June 24)

Exploring challenges associated with sleep (July 24)

- Barnardos, IOW - <https://www.barnardos.org.uk/get-support/services/isle-wight-family-centres-early-help-support-services>

Support for neurodiverse families

Provides evidenced based skills building programmes for parents and carers who have children aged 3-17 who have a diagnosis for Autism or ADHD or are on the pathway.

Cygnets (for ASC) Core programme, with additional supporting siblings and puberty, sexual wellbeing and relationships modules

Family Links The Nurture Programme

Talking Teens

Right from the Start (suitable for 3–5-year-olds on the Autistic pathway)

- Navigate - Emotional and Practical support for Parents of children on a pathway to be diagnosed (with any condition, on any pathway)

Referral needed – online - <https://www.scope.org.uk/family-services/navigate/>

- Short Breaks Card – Isle of Wight Council <https://www.iow.gov.uk/children-and-family-support/short-breaks-for-children-and-young-people/short-breaks/short-breaks-membership/>

Provides a break for parents/carers of children who have additional needs while their child takes part in a safe, fun enjoyable activity.

- SENDIASS - <http://iowsendiass.co.uk/> or call 01983 825548

SENDIASS service can also offer free, impartial, confidential information, advice and support to parents anonline workshops for parents throughout the year – check here

<https://www.autismcentral.org.uk/hubs/aspens>

- School nurse

School can refer to the school nurse for a range of needs including toileting, eating, weight management, health care plan for a long term medical condition. Ask the Senco if this might help.

- Occupational Therapy

School can make a referral to Occupational Therapy if your child has at least one functional skill difficulty e.g. managing self hygiene, fine motor skills (not just handwriting), dressing/undressing. Ask the Senco if this might help.

You may also view this on the website under the Special Educational Needs and Disabilities section. d carers of young people aged 0-25 with special educational needs or disabilities (SEND).

- The Children's Wellbeing Support Service:

This service provides early intervention and support for parents of children with social, emotional, and mental health needs who are primary school aged (Year R – Year 6). Referrals can be made via school and health professionals, including a GP or school nurses.

- Autism Central <https://www.autismcentral.org.uk/guidance>

Parents can access links to a wide range of information on autism including diagnosis, benefits, eating issues and autism in girls. They also do online workshops for parents throughout the year – check here <https://www.autismcentral.org.uk/hubs/aspens>

- School Nurse

School can refer to the school nurse for a range of needs including toileting, eating, weight management, health care plan for a long term medical condition. Ask the Senco if this might help.

- Occupational Therapy

School can make a referral to Occupational Therapy if your child has at least one functional skill difficulty e.g. managing self hygiene, fine motor skills (not just handwriting), dressing/undressing. Ask the Senco if this might help. You may also view this on the website under the Special Educational Needs and Disabilities section.

November 2023
Issue 12

MHST Newsletter

iwont.mhst@nhs.net ~ 0300 365 4010

Unfortunately, the MHST is not currently working in your school. Whilst this may be the case, we have put this newsletter together to keep you up-to-date with what we are doing and our future plans.

Who we are:

- Mental Health Support Teams (MHST) are based in schools all over England and its staff are trained to deliver a range of short-term interventions that improve mental health and wellbeing. These interventions are collectively called Cognitive Behavioural Therapies or CBT.
- CBT is an evidence-based treatment, effective in helping improve the wellbeing of people who are experiencing common mental health difficulties including low mood, worries and anxiety.
- Locally, the IW MHST is a collaboration between the IW Youth Trust, Barnardo's and the IW NHS Trust. The team is made up of Education Mental Health Practitioners (EMHPs), mental health practitioners and admin.



156 individual young people have been seen for an intervention since April 2023

Average waiting times are 2.6 weeks for an assessment and 7.2 weeks for treatment

We ran 5 successful transition groups during the summer with a 67% improved outcome rate

The most common reason for a referral into MHST is currently anxiety

“youth trust”

Believe in
children
Barnardo's

NHS
Isle of Wight
NHS Trust



mental
health
support
TEAM

The Mental Health Support Team is a collaboration between the Isle of Wight NHS Trust, Barnardo's and the Isle of Wight Youth Trust

For more information regarding MHST, please email Clinical Team Lead,
Charlotte Young: Charlotte.young22@nhs.net

Barnardo's:

Barnardo's offers a range of parenting programmes to help support the families on the island. In addition, they have several family centres and 3 family hubs which help support families and prevent their difficulties worsening. The centres are available to support a family with a young person aged between 0-19 through online courses and workshops.

Believe in
children
Barnardo's



S I G N P O S T I N G

IW Youth Trust:

They provide 'youth-led wellbeing and therapeutic support to young people, empowering them to face life's challenges'. Their services include; group work, such as a Tics Group, parent workshops (e.g. supporting your young person with anxiety), as well as 1 to 1 counselling.

youth trust



KissyPuppy:

KissyPuppy alongside Earl Mountbatten Hospice has created a bereavement service for those who are experiencing 'loss through death'. Young people and families can be referred to this service for further support.

KissyPuppy
The Bereavement Hub

Contacts for other services:

Barnardo's - 01983 529208 / iowfamilycentres@barnardos.org.uk

IW Youth Trust - 01983 529569 / info@iowyouthtrust.co.uk / <https://www.iowyouthtrust.co.uk/>

KissyPuppy - 01983 217346 / <https://www.mountbatten.org.uk/children-and-families-bereavement>

youth trust

Believe in
children
Barnardo's

NHS
Isle of Wight
NHS Trust



mental
health
support
TEAM

The Mental Health Support Team is a collaboration between the Isle of Wight NHS Trust, Barnardo's and the Isle of Wight Youth Trust



**FREE
COURSE!**

Top Tips for Mental Health and Wellbeing

Take part in a practical and interactive course to understand what influences your own mental health and wellbeing.

Discover how to use your new skills to support people in the community.

This course is free to attend and taught either online or face to face.

For more information and booking visit the [Isle of Wight Council website](https://www.isleofwight.gov.uk/council) or contact learning.development@iow.gov.uk



SHORT BREAKS

FUN

ACTIVITIES FOR
CHILDREN AND
YOUNG PEOPLE
WITH DISABILITIES AND/
OR ADDITIONAL NEEDS

WINTER 2023 PROGRAMME
OUT NOW!



DOWNLOAD A
FREE
PROGRAMME!



*There is a
small charge for
most activities



Isle of Wight
Council



IW MARDI GRAS 2024 LAUNCH

Wednesday 17th January

5.30pm – 6.30pm

Quay Arts Minghella Theatre

RSVP to Gemma@newcarnival.co.uk

THE ISLAND

**Little Herons
Childcare**

Breakfast and After-school club

We wish to advise parents that from January 2024 our fees for breakfast, after-school and holiday club will now be charged at £6.45 per hour, to help us cover increases in our ongoing costs.

In Aid of Island Charities

THE WIGHT STROLLERS panto

Snow White

10TH, 11TH & 17TH FEBRUARY 2024

Medina Theatre

ADULTS - £14* | UNDER 14S - £10*

BOX OFFICE: 01983 823884 WWW.MEDINATHEATRE.CO.UK

*price includes £1 booking fee



DON'T MISS THIS FUN FAMILY FESTIVAL DURING FEBRUARY HALF TERM!
Thursday 15th to Saturday 17th February

JANUARY 2024 NEWSLETTER



Come and see me at Quay Arts in February!

Tickets are now on sale for the IV Story Festival at Quay Arts during February half term from www.quayarts.org. It's a chance to meet well-known performers and writers like the creator of the **Horrid Henry** stories, **Francesca Simon** (pictured on the left), who will be with us on Saturday 17th Feb.

Did you enter our Charles Dickens short story competition? Hear the winners, read by his great grandson, Friday 16th Feb!



There is so much to do at the IV Story Festival!

44 different events over three days!

A chance to meet your favourite authors, and some new ones too! Including:

Kes Grey, Nazneen Ahmed Pathak, Alasdair Beckett-King, Kieran Larwood, John Hegley, Neal Layton, Kate Weston and Simon Whitworth.



There are performances too: **Horsebox Theatre** returns with an adaptation of Jules Marnier's **Vincent and the Mermaid**, and **Pink Cow/Apollo Youth Theatre** is back with a funny new production for younger children. We also have the interactive **Enchanted Cinema**, Asian dance and a fun opera based on **The King's Pants!**



SOME QUESTION YOU MAY WANT TO ASK...

Q: Do I need to get my tickets in advance?

A: It's a good idea – they're selling fast! Go to: www.quayarts.org to buy yours now.

Q: How much are tickets?

A: Some are **TOTALLY FREE**, others cost +4 to +6

Q: Is it just for people who like reading?

NO! The IV Story Festival isn't just about books! As well as storytellers, live music and theatre shows, we've got lots of hands-on activities for you to try – from graffiti art and fabric books to songwriting and horrific make-up, among many other things.

EXTRA PERFORMANCE ANNOUNCED!



Tickets to see creator of **Isadora Moon**, **Harriet Muncaster**, on 17th Feb, sold so quickly, we've had to arrange a second talk at 4.30pm. Don't miss out, buy yours soon!

More information from: www.iwstoryfestival.com

Registered charity number: 1198024

ASPIRE PACT



PARENTS AND CARERS TOGETHER

We need your voice heard. PACT is holding themed, face to face and virtual, consultations with a focus on our Island wide Family Hubs and Start For Life offer. We want to hear about your experiences and views and welcome you to join our upcoming sessions.

For more information please contact:
rosie@aspireryde.org.uk

Follow @AspireRyde on Facebook for updates or visit www.familyinfohub.iow.gov.uk

FREE PLAY SESSION AT KINGDOM PLAY, ASPIRE RYDE & ENTRY TO RAFFLE FOR NEW P.A.C.T. MEMBERS:
 1ST PRIZE APPLE I-PAD
 2ND PRIZE NINJA AIRFRYER
 3RD PRIZE £100 FOOD VOUCHER



Every month we will explore a new relevant topic

TEENAGERS

Friday night Pottery

Come and get creative and throw some shapes on the wheel!

£25

Monthly classes starting Friday 26th January

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